



Team Telemark Brings Home Medals from

Western Canadian Cross Country Ski Championships in Red Deer

WEST KELOWNA, February 1, 2022: Team Telemark racers returned this week from the Western Canadian Cross Country Ski Championships in Red Deer, Alberta Jan 28-30 with some incredible results and medals to show for it. In addition, the race was a family affair for Ben (Dad), Nathan and Sylvie Achtem competing in their respective categories.

Nine athletes represented Team Telemark in three races over the course of the weekend event with a total of 340 competitors from Yukon, BC, Saskatchewan, Manitoba and Ontario. Two members of the team achieved podium finishes in the Freestyle (Skate) event: Breagh Bridge (2nd) in the U18 Girls 7.5km and Ben Achtem (2nd) in the Masters Men 10km. Top ten finishes were notable achievements for Nathan Achtem (5th) U18 Boys 7.5km, Owen Elliot (6th) U12 Boys 2.4km, Alessia Galvagno (8th) and Sylvie Achtem (20th) U16 Girls 5km, Mika Aaserud (28) U16 Boys 5km.

Saturday's Sprint Skate Races turned in mostly top ten results for the team with a 2nd place finish for Nathan Achtem U18 Boys, 4th for Owen Elliot U12 Boys and Evan Edwards U16 Boys. Alessia Galvagno (5th) U16 Girls, Breagh Bridge (7th) U18 Girls, Sylvie Achtem (9th) U16 Girls, and top twenty for Mika Aaserud (17th) U16 Boys.

Sunday's Classic Results included two podium finishes with 2nd place for Evan Edwards U16 Boys 7.5km, 3rd for Breagh Bridge U18 Girls 10km with top ten spots including 5th place for Owen Elliot U12 Boys 3km, Nathan Achtem U18 Boys 10km and Ian Mayer U20 Men 15km. In the U16 Girls 7.5km, Alessia Galvagno placed 8th and Sylvie Achtem placed 10th, Mika Aaserud placed 28th in the U16 Boys 7.5km.

Telemark Nordic Centre in West Kelowna will host the Teck BC Track Attack Championships February 26-27, 2022 for skiers born in 2009, 2010, 2011 and 2012.

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